



WEEKLY PRAYER GUIDE

Pray without ceasing.

SUNDAY, 2 AUGUST 2020
20TH ISSUE

For private circulation only among members and associates of Prayer United Malaysia

“MOUNTAIN-MOVING FAITH”

*AN INVITATION TO THANKSGIVING
AND TO PERSEVERE IN PRAYER*

“He said to them, “Because of your little faith. For truly, I say to you, if you have faith like a grain of mustard seed, you will say to this mountain, ‘Move from here to there’, and it will move, and nothing will be impossible for you.” - Matthew 17:20 ^{ESV}

Many of us struggle with unanswered prayer. An important lesson our Lord Jesus teaches us is the need for faith, and the need to have the right perspective, even as we face an unprecedented situation in our nation today, and in our personal and church lives.

So, how does mountain-moving faith look like? Jesus says in Luke 17:3-6 that those who have faith like a mustard seed do great things! And in this passage, Jesus speaks of faith to move the mountain of unforgiveness, that is, to be able to forgive brothers and sisters who sin against us repeatedly!

We can be so affected by the “bigness” of the “mountains” we are facing on the horizon, that we lose perspective. Jesus says that even if we have the faith of a mustard seed, and if we told the mountain to move, it will move. We may wonder about the audacity of this verse, and whether what our Lord Jesus promises, holds true. Can we believe what He says? Can we hold Him to His Word? That’s when we need the right perspective.

The issue is not the size of our faith. It’s alright to have little faith, or mustard-seed size of a faith. Simple, tiny faith. That’s because it is not about us. It’s about our God. The trouble with us is that we often think big of ourselves, and we think small of God.

We tend to believe that it is up to us to solve the problem, when it is actually God Himself who is the One who makes it happen. Not us. Our faith lies on the promises of our Big God, and hold Him to it, knowing that if we pray according to His will, He will make it happen, because it is His character as the unchanging Covenant keeping God to fulfil the Word that He says as He holds Himself to it. Just like Moses who held up his staff, it is God who parts the Red Sea! God didn’t send Moses on a canal or bridge building project! Our prayers of faith are important, and effective. We do our part and God will take care of the rest. Our prayers move us. Our prayers move the mountains of hate, pandemics, demonic oppression and job losses.

Let us get our perspective of God right. When we see how great our God is, we know that there is no mountain that is too big for God to move. He will carry us through! And that is His promise.

Thank you for picking up this adaptable prayer guide, which was birthed as a companion when the pandemic restrictions began. Today, this prayer guide continues to encourage the people of God to continue to pray without ceasing, in thanksgiving and also in intercession, for the kingdom of God to come and for God’s will to be done in these difficult times.

This is designed to be used for personal, family and small groups. You may find it helpful for running prayer meetings either online or in church, and for running virtual 24-7 prayer rooms.

We have provided a framework that sets a foundation, for those who are new to prayer or those who desire to grow more intimately in prayer. It has sufficient material that will help you build up prayer stamina for one hour, and help you gain confidence in your prayers.

This guide applies the PRAY mnemonic. The PRAY method is in 4 steps, spelling out the word PRAY: Pause - Rejoice - Ask - Yield.

P - Pause (Deliberately slow down as we come before His PERSON, a reminder that we are not rushing into a “tick a box” activity, but coming before the presence of God, humbling ourselves to be in a posture of listening, reflecting and repentance.)

R - Rejoice (To worship the One who is worthy of our love, a natural outflow of our time spent earlier in pause and reflection.)

A - Ask (Intercession - After the first 2 steps, we now come to ask, as our hearts are now in a better position to align with His heart and His will.)

Y - Yield (Surrendering to God all our prayers and petitions, in faith allowing Him to lead us and to speak to our hearts as we experience the joy of partnering with God for His kingdom to come.)

PAUSE BE STILL, Deliberately pause - breathe deeply, and welcome the Holy Spirit.

READ *Luke 17:3-6* ^{ESV} and meditate

Luke 17:3-6 Pay attention to yourselves! If your brother sins, rebuke him, and if he repents, forgive him, and if he sins against you seven times in the day, and turns to you seven times, saying, 'I repent', you must forgive him." The apostles said to the Lord, "Increase our faith!" And the Lord said, "If you had faith like a grain of mustard seed, you could say to this mulberry tree, 'Be uprooted and planted in the sea', and it would obey you.

REPENT In our hearts we hold many offenses and grievances against those who have hurt us. We know it's God's will that we forgive those who sin against us. Yet when we're faced with actually forgiving them, we often struggle because the pain is so severe and the remembrance so powerful! Today, we choose to make a choice to desire and ask God to give us that mustard seed faith to forgive and bless those who have hurt us, and to love those who are our enemies of the faith. We acknowledge that our greatest enemies are not outside of us but within. We repent of the hate and rebellion that constantly overtakes us, and ask for mustard seed faith that gives us the victory over our sin.

PRAYER: Lord God, we confess that many times, we struggle to forgive those who have hurt us so deeply, especially those who have slandered us. We feel our unwillingness to do so as we are so deeply grieved and angered at the same time at the injustice shown against us. Today, Lord, I choose to let go of this unwillingness to forgive, as I ask to be freed from these offenses, because we want to be obedient to Your commands. We know that it is Your will and command for us to forgive those who sin against us, just as You have freely forgiven us. We ask that You free us from sin that enslaves as we rely on Christ to deliver us, and not our own strength and works. We ask for purified and consecrated mustard seed faith that moves mountains, as You are committed to responding to such faith that unites Your people. We shall then see the powerful demonstration of Your answering us - such as when You powerfully raised Jesus Christ from the dead. In the risen Christ's name we pray, AMEN.

REJOICE / WORSHIP

READ ALOUD *Psalms 91* ^{ESV}

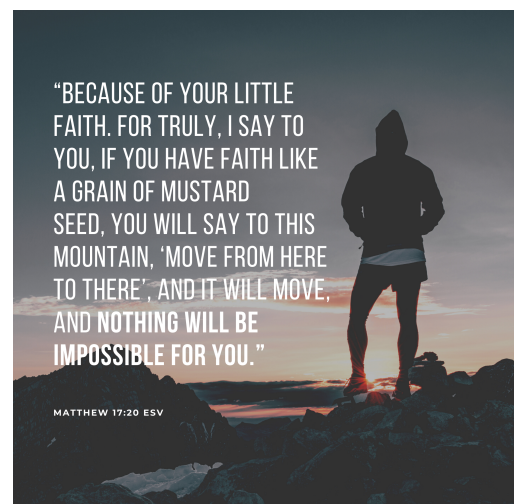
Psalms 91:1-2 ^{ESV} "He who dwells in the shelter of the Most High will abide in the shadow of the Almighty. I will say to the Lord, "My refuge and my fortress, my God, in whom I trust."

SING Song[s] of worship and thanksgiving. Suggestion includes:

HERE AM I TO WORSHIP

Light of the world You stepped down into darkness
Opened my eyes, let me see
Beauty that made this heart adore You
Hope of a life spent with You
(Chorus)
Here I am to worship, here I am to bow down
Here I am to say that You're my God
You're altogether lovely, altogether worthy
Altogether wonderful to me
King of all days oh, so highly exalted
Glorious in Heaven above
Humbly You came to the earth You created
All for love's sake became poor
(Bridge)
I'll never know how much it cost
To see my sin upon that cross

<https://www.youtube.com/watch?v=YXg2ztge8f0>



THANKSGIVING PAPER CHAIN (An Optional Creative Thanksgiving Expression) Cut strips of coloured paper. On one side, write one problem or hurt or sorrow (one line only). Pray over the problem as you write and bring this before the Lord. On the other side, write one thing to give thanks for (also one line only). Take the first strip and fastening the ends together by gluing or stapling. Then loop another strip and repeat the same. This will be a beautiful prayer chain that you can hang up in your room.

ASK In your own sincere and simple words, pause briefly over these suggested prayers as a guide as we seek to further build and deepen our own prayer life.

1. Prayer for Self

Galatians 5:19-23 ^{ESV} *"Now the works of the flesh are evident: sexual immorality, impurity, sensuality, idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, divisions, envy, drunkenness, orgies, and things like these. I warn you, as I warned you before, that those who do such things will not inherit the kingdom of God. But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law."*

PRAYER: Heavenly Father, we ask for sincere faith that terminates the works of the flesh and produces the fruit of the Spirit. We ask for strength to climb these mountains of love, joy, peace, and patience, which are the mountains that can only be climbed by faith. We ask for mustard seed faith that works through love, as it is said in Your Word in Galatians 5:6. We also ask for mustard seed faith that will bring the powerful work of the gospel to the ends of the earth and triumph over the gates of hell. Most of all, Lord, we ask for genuine faith to love You with our whole heart, soul, mind and strength, and to love our neighbour as ourselves. In Jesus' name we pray, AMEN.

2. Prayer for Family

Isaiah 41:10 ^{ESV} *"Because you have made the Lord your dwelling place—the Most High, who is my refuge—no evil shall be allowed to befall you, no plague come near your tent. For he will command his angels concerning you to guard you in all your ways."*

PRAYER: Abba Father, We thank You for Your protection over each of our family members: (pray over each one by name). We thank You for Your promise that You will always be with us for You are our God. In this time of uncertainty, we give thanks for Your protection over our immediate family, and our extended families. Thank You for the assurance of protection from evil and that You will bring Your good work to completion in each of us in the family. We thank You for the joy of seeing Your work of grace in their lives, watching them grow faithfully in You. Help us to be good examples so that they can imitate our lives as we imitate our Lord Jesus Christ in word and deed. Please protect us from temptation and keep us safe from evil. We continue to pray that our families will be examples of families at work as partners in the gospel, so that we may be shining lights in our neighbourhoods, communities and church. In Jesus' name we pray, AMEN.

3. Prayers for the Community

a. Businesses and Employment

Matthew 21:21-22 ^{ESV} *"And Jesus answered them, 'Truly, I say to you, if you have faith and do not doubt, you will not only do what has been done to the fig tree, but even if you say to this mountain, 'Be taken up and thrown into the sea', it will happen. And whatever you ask in prayer, you will receive, if you have faith.'"*

PRAYER: Lord God, in times like this, we look to Your unfailing love and mercy. We ask for mustard seed faith to see beyond the failing businesses, the unemployment situation, the political quagmire, the pandemic and the global turmoil. Please change our **perspective**, to acknowledge that You, our Great God, is almighty and sovereign over this earth. Help us to keep our eyes fixed on You as we ride this powerfully disturbing storm. Grant us breakthroughs through our faith-filled prayers, to rebuild and restore families and help repair and re-establish broken businesses. Even now, we put our mustard seed faith in Your unfailing love, and Your power to bless us with new gifts so that we can use them to bless others. We ask at this time for an outpouring of Your gift of creative entrepreneurship, so that new ideas and businesses may be birthed for Your glory and Your fame. Use us, O God, to be a blessing to our employers, employees, colleagues, customers and the government, so that through us, the cities will flourish again. Enable us to be agents of tangible hope and goodwill - doing good, responding generously to those in need, unselfishly prospering others and providing helpful economic connections for those struggling to survive. In Jesus' name we pray, AMEN.

b. Protection of Healthcare Workers and Front-liners

Matthew 8:26 ^{ESV} *"And he said to them, 'Why are you afraid, O you of little faith?' Then he rose and rebuked the winds and the sea, and there was a great calm."*

PRAYER: Lord Jesus, we are concerned and saddened by the spike in the new Covid-19 cases. Please forgive us for our anxiety and fears over this second wave of the pandemic. We ask that You protect the healthcare workers and front-liners as the coronavirus pandemic threatens to spike again. We ask that You will give wisdom to the government and the health authorities to find the clusters and stop the spread. We bring our mustard seed-like faith to You today, that in powerful Your name, we rebuke this powerful new storm of the virus and bring back calm to the nation. We pray for the public to stay alert and be cooperative in doing their part to keep the virus at bay. AMEN.

c. Protection of Educators and Students

Luke 2:52^{ESV} “And Jesus increased in wisdom and in stature and in favour with God and man.”

PRAYER: Heavenly Father, we pray for our children, that they will grow strong and increase in stature and wisdom as they learn to pass through the present unforgettable storm of life. We pray that they will know You more and more each day, and learn to trust You for their daily needs and their future. We ask also for your protection over the children and the teachers in this fresh wave of the coronavirus pandemic. We pray for wisdom for the education ministry as schools reopen. We pray for the educators and administrators to remain proactive, prudent and vigilant as the children and young people return to their schools, colleges and universities. In Jesus’ name, AMEN.

d. Healing of the Sick and Infirm

James 5:15-16^{ESV} “And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working.”

PRAYER: Lord God, we lift up those who are physically, emotionally or mentally ill, that You will bring complete healing to their lives. We lift up [name of person who needs healing] before You. I ask that You bring healing from [name the ailment]. Just like the 4 friends who brought their paralytic to Jesus, and stopped at nothing to bring him before our Divine Healer, we stand in the gap and ask for forgiveness of sins, confessing our sins to one another right now. Forgive, O Lord, our transgressions before You. We call out to You, O Lord God, who gives the word and order to heal - to rescue and overcome his/ her/ their illness[es] in Jesus’ powerful name.

Abba Father, I thank You that [name of person who needs healing] belongs to You and that You are in control of everything that happens from our first inhalation to our last breath. Would You strengthen [name(s) of person(s) who need(s) healing] and draw [him/her/them] closer to You and experience Your wonderful presence and comfort during this time. AMEN.

4. Prayer for the Lost (Praying for the “Five”)

Romans 10:9^{ESV} “because, if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved.”

PRAYER: Lord Jesus, thank You for Your loving sacrifice. Help us to continue Your work diligently on earth to bring home the lost sheep. As we pray ‘Thy Kingdom Come’- we bring our ‘5’ to You, O Lord God, (name them as you pray) that they may come to salvation in Jesus Christ by Your grace working in them. Dear Lord, please help them find that You really are the Way, the Truth, and the Life. We pray that You will bless us with the joy of personally being part of the process in seeing our friends, family and colleagues encountering Jesus Christ and beginning a new life of faith. Work in us and through us to be Your bold witnesses. In Jesus’ name we pray, Amen.

5. Prayers for the Church

a. Holiness and Obedience

Matthew 5:14-16^{ESV} “¹⁴“You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven.”

PRAYER: Abba Father, we pray for Your church to be Your light that shines into the darkness in our communities, and in our nation. We ask for boldness and strength to speak truth, and shine bright to expose the works of darkness. Help us to never compromise but to obey Your commands so that Christ may shine brightly through Your church wherever we are planted. We ask that we may be Your faithful witnesses to a world that desperately needs Your message of hope and peace. In Jesus’ Name we pray, AMEN.

b. Church Unity

Romans 15:5-6^{ESV} “May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, that together you may with one voice glorify the God and Father of our Lord Jesus Christ.”

PRAYER: ABBA Father, our heart’s desire is that we the Church, may be a beautiful Bride when Jesus returns once again, and will glorify You with one voice! We come before You in holy expectancy that the church of Malaysia will be an example of faithfulness and genuine love for each other. We pray that the revival fire of the Holy Spirit be kindled throughout the country so strongly, that the whole hosts of hell will not be able to quench it. We ask for an authentic and selfless manifestation of the love we have for one another, so that others who see may know that we are Your disciples.

Please give our church leaders the grace of humility and wisdom to realise the gravity of the spiritual dangers that we face when we are divided and quarrelling. We ask that You will remove the mountains of hate and prejudice, unforgiveness and offences, divisiveness and everything else that hinders us from loving unity and harmony. May we truly live out and shine for Christ as one Body, one Spirit, one hope, all belonging to our one Lord, one faith, one baptism, one God and Father of us all. Father, we pray that we may be of one heart, of one soul, united in one holy bond of truth and peace, of faith and charity, and with one mind and one mouth glorify You. Through Jesus Christ our Lord. AMEN ^[Note: Paraphrased from The Book of Common Prayer, Anglican]

c. Intercessors

Jeremiah 51:12 ^{ESV} *“Set up a standard against the walls of Babylon; make the watch strong; set up watchmen; prepare the ambushes; for the Lord has both planned and done what he spoke concerning the inhabitants of Babylon.”*

Our Father in Heaven, we thank You for the provision of watchmen but we ask even more of these to be raised up - ready to do battle in the spiritual realm. We thank You that close to 800 sisters, and still counting, have signed up for the prayer conference. We ask for Your anointing of the Holy Spirit for all the speakers so that many will learn well and be strengthened in faith and in prayer, and grow into powerful prayer warriors seeking to bring nations into Your kingdom.

We also ask, O God, that You will strengthen us as we go on to continue persevering in prayer for the nation. Make us strong, Lord to pray through matters and situations unrelentingly until full and lasting justice is established in the nation, including the outcome of conviction of corruption in the court of powerful political personalities with more cases to come. Lay Your hand upon us and fill us with wisdom, discernment and prophetic vision. Make us be Your vigilant and faithful watchmen over the nations especially in difficult times like these. Do not let us slumber. Give us strength to persevere and be resilient as we lift up holy hands in prayer before You. Thank You, Lord for You do mighty works, and You are our prayer-answering God. We ask for Your protection over ourselves and our families as we continue to stay in prayer in the secret place. Keep us safe from compromise, pride and carnal ambitions. In Jesus’s name we pray, AMEN.

d. Persecuted Church

John 1:5 ^{ESV} *“The light shines in the darkness, and the darkness has not overcome it.”*

PRAYER: Father, we continue to uphold our brothers and sisters who are suffering for their faith in Christ. The persecution faced by the body of Christ is far worse than what has happened in the early church. Nations plot against Your people. As they are part of the body, we also suffer with them. We ask of You to strengthen them during this time of pain and suffering, that they will remain courageously faithful to the end. We know You will deliver them for they have set their hope in You. We are humbled by their faith and perseverance, and we pray that we too will learn to persevere on in the face of persecution and be prepared to face likewise. Help us to offer practical help and support in this time of need. We ask this in the name of Jesus, AMEN.

6. Prayers for the Nation

a. Continuing Prayers for the Parliamentary Sitting (13 July - 27 August 2020)

Amos 5:24 ^{ESV} *“But let justice roll down like waters, and righteousness like an ever-flowing stream.”*

PRAYER: Lord God, You reign sovereign over the nations. You are the Ruler of the kings of the earth, and of the governments that rule nations. We give thanks for Your hand of grace and mercy over Malaysia. We exalt You, O God, and await Your righteous rule. In the midst of troubling events caused by unstable political coalitions that have added further political turmoil to an already weakened economy, we exalt You as God of the nations, that it is You alone who determines the times and seasons, for You alone who removes kings and raises kings.

We continue to bring before You the present parliamentary sitting, and ask for Your truth, righteousness and justice to reign in the hallowed halls of law making. We pray for Your Word to reign in the halls of law-making. We ask that You will enable decorum, discipline and order to prevail in the Parliament at all times. We bring before You rumblings of the possibility of a snap election, with many self-serving hidden plots, which will drain the nation of much needed reserves that can be used to help to steer the country through a difficult global downturn. Lord Jesus, shine Your light into the darkness, and cause human darkness and the demonic agents to flee at Your powerful name. AMEN.

b. Prayer for Independence and Uprightness of the Judiciary

Isaiah 61:8 ^{ESV} *“For I the Lord love justice; I hate robbery and wrong; I will faithfully give them their recompense, and I will make an everlasting covenant with them.”*

PRAYER: Lord God, we want to see You glorified in this nation with a judiciary and a legal system that courageously upholds righteousness and justice.

We pray that as we see more high profile court cases being tried, especially the big 1MDB cases involving powerful personalities, we ask for an undeterred judiciary that is anointed with wisdom, strength and courage; men and women who are god-fearing and desire to uphold righteousness. We thank You, Lord for our honourable judges.

Thank You, Lord for this recent first outcome of great significance to bring wealth stolen back to the nation and charge the perpetrators of grave crime through their abuse of their political power. We ask that justice will prevail, and those who have abused power, laundered money and stolen the people's money, be swiftly dealt with. Help us not to be angry or seek political solutions, but look to You, O God, to deliver us from evil men, for You have said, "Vengeance is mine." We pray for a nation whose people are honest and righteous, who know how to weigh right from wrong, not easily duped by political deception. In Jesus' name we pray, AMEN.

c. Prayers for Peace in the Nation and Economic Recovery

John 7:24 ^{ESV} Do not judge by appearances, but judge with right judgement."

PRAYER: We bring before You, our Almighty God, who sees all hearts, to expose and thwart all evil, conniving and unholy alliances that do not put first the interest of the people and the integrity of service to our beloved country. Our Heavenly Father, we ask for Your sovereign hand and blessing over this country's direction and resources. We pray for spiritual breakthroughs in the present political strife and impasses, and economic uncertainty.

We ask for Your protection and Your peace over the state of Sabah as they head towards a snap election. We pray that the people of Sabah will vote wisely so that they may be blessed with good leaders who genuinely care for their welfare and uphold their roles as lawmakers of integrity.

We ask for the demolishing of strongholds of demonic activities, secret plotting and witchcraft. We ask that the evil principalities and powers stoking disunity, corruption and deception, and plotting unholy alliances, will tremble and desist in fear at Your Name. Please transform Malaysia to be a beacon of truth, justice and righteousness. May You receive all the glory and praise for Your righteous laws from all tribes and tongues in this nation, asking that the people will be given full rights to religious, political and economic freedoms. In Jesus' name, AMEN.

d. Prayers for the Prime Minister and the Cabinet

1 Timothy 2:1-4 ^{ESV} "First of all, then, I urge that supplications, prayers, intercessions, and thanksgivings be made for all people, for kings and all who are in high positions, that we may lead a peaceful and quiet life, godly and dignified in every way. This is good, and it is pleasing in the sight of God our Saviour, who desires all people to be saved and to come to the knowledge of the truth."

PRAYER: Abba Father, we thank You for our Prime Minister and his cabinet who has a heart for the people, especially during this time when many are suffering under the strain of the pandemic and economic turmoil. We continue to lift up the health of our Prime Minister, Muhyiddin Yassin, into Your healing hands. We ask that there will be a powerful continuing work of the Spirit to be upon those in the Cabinet to bring about cleansed hearts, sincere motives, good conscience and empowerment to genuinely serve the *Rakyat* with integrity of heart and effective competencies. Grant to the ministers the fear of God as they discharge their duties and responsibilities. In the powerful name of our Lord Jesus Christ, we pray. Amen.

7. Prayers for Justice

a. Racial Healing and Equality

Ephesians 5:11 ^{ESV} "Take no part in the unfruitful works of darkness, but instead expose them."

PRAYER: Heavenly Father, do not let injustice dwell in our hearts and homes. Stir in our hearts a deep compassion for those who have lost homes and just seeking for hope, fairness and freedom. Remove from us the evils of apathy, racism, prejudice and hate that must not find a home in our hearts. Cleanse me, O Lord, and remove from me blockages to Your work of grace that hide in the corners of my soul and mind. Fill us with Your Holy Spirit, that we may walk in newness of purpose for Your glory, to be Your mouth, Your hands and Your feet in bringing truth, justice and righteousness to those who are oppressed and displaced. Help us to get out of our comfort zone and offer practical help together with our prayers, as we seek not to grieve or quench the Holy Spirit. In Jesus' name, AMEN.

b. Religious Freedom

Psalms 94:15 ^{ESV} "for justice will return to the righteous, and all the upright in heart will follow it."

PRAYER: Father, we come before You, for You are the God of justice, and Your ways are just. We want to bring before You the families of Raymond Koh, Amri Che Mat, Joshua Hilmy and Ruth Sitepu. We also bring before You the distraught Indira Gandhi, whose motherly pining for her missing daughter, Prasana Diksa, unjustly remains.

We humbly ask You to intervene through Your divine authority over the affairs of men, and not to delay justice due to these families over their disappearances. We ask for Your protection for them from “powerful mandated agents” and “religious authorities”. We continue to ask for justice and truthful closure for them, so that all attempts at cover-up will be thwarted. We ask this in the powerful name of Jesus, AMEN.

8. Spontaneous Prayers

Be led by the Holy Spirit to pray on other matters that He has put in your heart. It may be about your personal needs, friends, family, church, country and other special-to-you prayers to bring to God.

YIELD

In the words of the prayer of John Wesley (modern version)~

*“I am no longer my own, but yours.
Put me to what you will, rank me with whom you will;
put me to doing, put me to suffering;
let me be employed for you, or laid aside for you,
exalted for you, or brought low for you;
let me be full,
let me be empty,
let me have all things,
let me have nothing:
I freely and wholeheartedly yield all things
to your pleasure and disposal.
And now, glorious and blessed God,
Father, Son and Holy Spirit,
you are mine and I am yours. So be it.
And the covenant now made on earth, let it be ratified in heaven.
Amen.”*

DOXOLOGY - DECLARE [Jude 24-25](#) ^{ESV} AS A BLESSING FOR ONE ANOTHER

Now to him who is able to keep you from stumbling and to present you blameless before the presence of his glory with great joy, to the only God, our Saviour, through Jesus Christ our Lord, be glory, majesty, dominion, and authority, before all time and now and for ever. Amen.

CLOSING - THE LORD’S PRAYER [Matthew 6:9-13](#) ^{ESV}

Our Father in heaven, hallowed be Your name, Your kingdom come, Your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we also have forgiven our debtors. And lead us not into temptation, but deliver us from the evil one. For Yours is the kingdom and the power and the glory forever. AMEN.

BE STILL

Breathe deeply, PAUSE, thank God for His presence and release into His hands all that you have prayed.

DAILY PRAYER ACTIVITIES

You are encouraged to add these activities to this prayer guide **daily with one voice** to do the following:

1. Pray The Lord’s Prayer (Our Father) at 12 noon every day;
2. Pray twice a day - at 7:14 a.m. and at 7:14 p.m. - based on 2 Chronicles 7:14 [[UNITE714](#) Call for the healing of the lands from the pandemic and for the spiritual awakening of the nations.]
3. Thy Kingdom Come. Light up your city by registering on Thy Kingdom Come Global [website](#) as you pledge to pray for spiritual awakening and national transformation;
4. Pray for 5 - Faithfully pray for your friends, family or colleagues daily to come to the saving grace of our Lord Jesus Christ.